

HARYANA STAFF SELECTION COMMISSION
Bays No. 67-70, Sec.-2, Panchkula-134151
(Website: www.hssc.gov.in)

PMT & PST NOTICE

**NOTICE TO THE CANDIDATES FOR PHYSICAL MEASUREMENT TEST (PMT) &
PHYSICAL SCREENING TEST (PST) FOR GROUP 56 & 57
AGAINST ADVT. NO. 04/2024 OF GROUP-C POSTS CET (2nd PHASE)**

This is for information of the candidates that the Physical Measurement Test (PMT) & Physical Screening Test (PST) of the candidates (who were shortlisted for written examination) from 05.09.2024 onwards for the various posts of Group 56 & 57 against Advt. No. 04/2024, as detailed under: -

| Sr. N. | Name of Post | Group & Cat. No. |
|---------------|--|-----------------------------|
| 1 | Assistant Superintendent Jail (Male) | Group- 56, Cat No. 320 |
| 2 | Assistant Superintendent Jail (Female) | Group- 56, Cat No. 321 |
| 3 | Company Commander | Group- 56, Cat No. 325 |
| 4 | Platoon Commander | Group- 56, Cat No. 337 |
| 5 | Female Warder | Group- 57, Cat No. 381 |
| 6 | Warder (Male) | Group- 57, Cat No. 382 |

Schedule of PMT & PST is given at Annexure-A. All candidates are advised to keep visiting the website i.e. <https://www.hssc.gov.in> for further updates and keep their readiness accordingly.

Note I PMT and PST of the candidates will be conducted on the same day for above mentioned posts, as applicable.

Note II For transparency and fairness in the PMT process, a candidate may appeal before the appellate committee on the spot for re-conducting the PMT with another set of machine.

Note III Female candidates having medical issues may visit Medical Board constituted in Room No. 301, Civil Hospital, Sector-6, Panchkula on the scheduled dates as per Annexure-A, along with all relevant documents / medical reports.

Note IV The admit card may be downloaded by visiting the link – <https://adv042024.hryssc.com/>

Note V Candidates will be able to download their admit cards by clicking on the links in the left menu respectively

1. Admit Card Cat 320
2. Admit Card Cat 321
3. Admit Card Cat 325
4. Admit Card Cat 337
5. Admit Card Cat 381
6. Admit Card Cat 382

Place: Panchkula
Dated: 2nd September, 2024

-Sd/-
Secretary
Haryana Staff Selection Commission,
Panchkula

Schedule of PMT & PST

| (Warder (Male) (Cat No. 382, Group- 57) and Assistant Superintendent Jail (Male) (Cat No. 320, Group- 56) excluding ESM self) | | |
|--|----------------------|-------------------|
| Date | Shift | From - To |
| 05-09-2024 | 1st Shift 06:30 A.M. | 116 - 1797386 |
| 05-09-2024 | 2nd Shift 08:30 A.M. | 32162 - 86417 |
| 05-09-2024 | 3rd Shift 10:30 A.M. | 86577 - 133197 |
| 05-09-2024 | 4th Shift 12:30 P.M. | 133235 - 173156 |
| 06-09-2024 | 1st Shift 06:30 A.M. | 173171 - 213657 |
| 06-09-2024 | 2nd Shift 08:30 A.M. | 214092 - 263304 |
| 06-09-2024 | 3rd Shift 10:30 A.M. | 263497 - 314308 |
| 06-09-2024 | 4th Shift 12:30 P.M. | 314358 - 375019 |
| 08-09-2024 | 1st Shift 06:30 A.M. | 375127 - 481995 |
| 08-09-2024 | 2nd Shift 08:30 A.M. | 482049 - 600652 |
| 08-09-2024 | 3rd Shift 10:30 A.M. | 600926 - 728861 |
| 08-09-2024 | 4th Shift 12:30 P.M. | 729290 - 1052834 |
| 09-09-2024 | 1st Shift 06:30 A.M. | 1053563 - 1440695 |
| 09-09-2024 | 2nd Shift 08:30 A.M. | 1440705 - 1831910 |

| Company Commander (Cat No. 325, Group- 56) and Platoon Commander (Cat No. 337, Group- 56) | | |
|--|----------------------|------------------|
| Date | Shift | From - To |
| 09-09-2024 | 3rd Shift 10:30 A.M. | 607 - 1617231 |

| Warder (Male) (Cat No. 382, Group- 57) and Assistant Superintendent Jail (Male) (Cat No. 320, Group- 56) only ESM self | | |
|---|----------------------|------------------|
| Date | Shift | From - To |
| 10-09-2024 | 1st Shift 06:30 A.M. | 642 - 506672 |
| 10-09-2024 | 2nd Shift 08:30 A.M. | 507196 - 1836254 |

| Assistant Superintendent Jail (Female) (Cat No. 321, Group- 56) and Female Warder (Cat No. 381, Group- 57) | | |
|---|----------------------|------------------|
| Date | Shift | From - To |
| 10-09-2024 | 3rd Shift 10:30 A.M. | 3800 - 613003 |
| 10-09-2024 | 4th Shift 12:30 P.M. | 615726 - 1765436 |